



Manodarpan: The Psychological Counselling Cell
An initiative of Ministry of Education, Govt of India.

Manodarpan: The Psychological Counselling Cell
of GDC Bishnah Invites Registration for

Weekly Counselling Session

for the students of BA and BSc programmes of GDC Bishnah



GOVERNMENT DEGREE COLLEGE BISHNAH, J&K, INDIA

**To Register click on the link
below**

<https://forms.gle/MngFmQ6ELJtCpBWx5>

For any counselling related query feel free to contact

Dr Randheer Kour
Incharge, Manodarpan
Psychological Counselling Cell
Govt Degree College Bishnah

Dear students of GDC Bishnah

If a student feel any kind of stress, anxiety, restlessness, lack of focus, depression and behavioural changes due to any reason. You are welcome to our Mental Health First Aid Facilitation Cell.

You can also share your story with the counsellor. Feel free to book your appointment by submitting the google form.

The concerned counsellor will contact you accordingly.

Have a great session.